

## APPETISERS

- Homemade Tomato and Roast Pepper Soup, with Sourdough Bread & Butter (V) (GF) (DF) £7.50
- Potted Chicken Liver and Pistachio Pate, Cumberland Sauce & Toasted Sourdough (GF) £9.25
- Grilled Halloumi, Honey, Pistachios and Mixed Salad (V) (GF) £10.50
- Sautéed Mushrooms with Kale & Mild Roquito Chillies on Toasted Ciabatta (Vegan) £9.25
- Smoked Salmon and Crayfish Cocktail with a Marie Rose Sauce (GF) £10.50

# DINNER

## MAINS

- Cumbrian Beef and Ale Stew with Herbed Suet Dumplings, Hand Cut Chips or Mashed Potato, Carrots and Kale £18.50
- Sticky Chicken, Beer Battered strips of Chicken Breast with Sweet Chilli and Sesame Sauce, Skinny Fries and Mixed Salad (GF) £17.95
- Loweswater Gold Beer Battered Haddock, Hand Cut Chips, Garden or Mushy Peas and Tartare Sauce £18.50
- Grilled Gammon Steak with Fresh Pineapple, Fried Egg, Skinny Fries and Garden Peas (GF) £18.50
- Minced Beef Steak and Red Onion Burger on Ciabatta Roll with Kashmiri Tomato Relish, topped with melted Brie & Crispy Cumbrian Pancetta with Skinny Fries & Onion Rings (GF) £17.50
- Falafel Burger with Iceberg Lettuce & Tomato, topped with melted Cheddar, Spiced Kashmiri Tomato Relish served on a Ciabatta Roll with Skinny Fries, Onion Rings and Coleslaw (V) (Vegan option – please ask) £17.50

## NIBBLES/EXTRAS

- Bowl of Hand Cut Chunky Chips (V) £4.50
- Salted Skinny Fries (V) £4.50
- Salted Skinny Fries with Molten Cheddar Cheese (V) £5.50
- Mixed Salad with Balsamic Glaze (V) £5.50
- Garlic Ciabatta (V) £4.50
- Garlic Ciabatta topped with Molten Cheddar Cheese (V) £5.00
- Fresh Vegetables (V) £5.50

(V) Suitable for Vegetarians  
(GF) (DF) GLUTEN AND DAIRY  
FREE ALTERNATIVE OPTIONS  
AVAILABLE –  
PLEASE ASK AND SPECIFY AT TIME  
OF ORDERING

Do you have a food allergy or  
intolerance? Our team are on  
hand to answer any questions  
before you order.

## PUDS

- Warm Chocolate Brownie with Berries and Double Jersey Ice Cream (GF) £8.50
- Sticky Toffee Pudding with Thunder and Lightning Ice Cream or Cream £8.50
- Eton Mess, Berries with Fresh Cream and Meringue (GF) £8.50
- Delicious English Lakes Luxury Ice Cream – Double Jersey, Thunder and Lightning, Strawberry or Chocolate

2 Scoops £5.50

3 Scoops £7.50

## CHEESE

- A selection of Four Local Cheeses – Served with Wafer Biscuits and Red Onion Marmalade (GF) (V) £12.50

Or

- To Share with extra Biscuits (V) £14.50



Need a little help

we have a spare pair

Our food is freshly prepared to order, there may be delays in service at busy times – why not have a starter whilst you are waiting?

**T**ower  
**B**ank  
**A**rms

Near Sawrey, Ambleside LA22 0LF

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lunch · dinner · real ale · fine wines · log fire · garden · get-togethers · table talk  
stay · relax · unwind